

Fold in half and place card on the dashboard inside your vehicle

# BACK-COUNTRY SURVIVAL GUIDE



## The 10 Essentials - Always be Prepared!

- First Aid Kit
- Physical Map and Compass
- GPS and Cell Phone
- Matches and/or Firestarter
- Pocket Knife
- Flashlight and Headlamp
- Warm/Rain Clothing
- Shelter and/or Space® Blanket
- Emergency Food and Water
- Sunglasses and Sunscreen

### Never Travel Alone and Never Separate From Your Group!

Your cellphone alone cannot keep you warm and dry  
ALWAYS carry these 10 essential items

## Summer Check List

- The Above Essentials
- CORSAR Card (see back)
- Food and Water Bottles
- Hiking Boots
- Large Trash Bags for Ponchos
- Hat and Beanie
- Gloves/Mittens
- Outer Coat/Shell
- Outer Pants/Rain Gear
- Fleece/Down Coat

## Winter Check List

- The Above Essentials
- CORSAR Card (see back)
- Food and Water Bottles
- Insulated Hiking Boots
- Snowshoes, Skis & Skins
- Hat and Goggles
- Fleece and Down Coat
- Waterproof Gloves/Mittens
- Waterproof, Weatherproof, and Durable Outer Layers

Remember Cotton Kills - Wear polypropylene or synthetic materials

## EMERGENCY? Dial 9-1-1

Did you know? Your cell phone can be used to track your GPS location and may provide a signal to emergency personnel if you are lost! If your signal is low, try sending a text message to 9-1-1 (or a friend) as it requires less service and reception.



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PLACE THIS SIDE UP ON DASHBOARD

## Search and Rescue INFORMATION

Please leave this card on your dashboard, as the information provided will assist local authorities in case of emergency.

Full Name \_\_\_\_\_  
Cell Phone Number \_\_\_\_\_  
Emergency Contact \_\_\_\_\_  
Emergency Contact Number \_\_\_\_\_  
How Many People in Your Group \_\_\_\_\_  
>>> Date/Time Leaving \_\_\_\_\_  
>>> Date/Time Returning \_\_\_\_\_  
Route/Trail Hiking \_\_\_\_\_  
Name of Map Used for Route/Trail \_\_\_\_\_  
Clothing Description \_\_\_\_\_  
Backpack Color and Size \_\_\_\_\_  
Boot Tread and Size \_\_\_\_\_  
Food and Water Supply \_\_\_\_\_  
Important Medical History \_\_\_\_\_

## Wilderness Safety Tips

- **Travel With a Partner** The worst situation you can get yourself into is one where you run into an emergency and you're alone. Before hiking, give a copy of your itinerary to a responsible individual. Include the make, model and license plate number of your vehicle, where it will be parked, and the date(s) you're beginning and returning from your hike.
- **Assess Your Physical Abilities** Being in good physical condition is one thing, attempting a hike outside your capabilities is another. If you're planning a big day hike or multiple-day trip, train for these adventures well in advance.
- **Plan Ahead** Assume you must survive overnight EVERY time you leave your vehicle. Use the "airplane mode" setting on your cell phone to conserve battery life.



## CORSAR Card Information

Purchase a Colorado Outdoor Recreation Search & Rescue Card \$3 for one year, \$12 for five years - visit [www.dola.colorado.gov/sar](http://www.dola.colorado.gov/sar) to help support backcountry search & rescue in Clear Creek County.